

Mind, Body, Spirit

REGISTRATION FORM

Name _____

Address _____

City _____ ST _____ Zip Code _____

Phone (_____) _____

Email _____

If registering for CEU's, please indicate what type below.

LCSW LMFT LMHC Nurse

License # _____

Check # _____ VISA MC AMEX

Card # _____

Sec. Code _____ Expiration Date ____/____/____

(3-digit numbers on back of VISA/MC or 4-digit numbers on the front of AMEX)

Cardholder's Signature _____

To register online, visit
[www. arcadiacounseling.com](http://www.arcadiacounseling.com)

Or mail payment and registration form to:
Att. Felicia Gledhill
228 Brooks St. Suite A
Fort walton Beach, Fl. 32548

Arcadia Counseling Center is approved by the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counselors as a Provider of Continuing Education # 2712822; Board of Nursing # 2712822



Mind, Body, Spirit

Getting IT Together

What works, what gets in the way

January 22, 2010
8:30 a.m. - 5:00 p.m.

Kelly Plantation Owner's Club
309 Kelly Plantation Drive, Destin, FL

Sponsored by Arcadia Counseling Center
7 CEU's for Nurses, LMHC, LCSW & LMFT

[www. arcadiacounseling.com](http://www.arcadiacounseling.com)

Mind, Body, Spirit Workshop

THE MIND



Felicia Gledhill, LMHC, shares her knowledge of 16 years of work as a psychotherapist in identifying the impact of early childhood beliefs, the power of changing our "life scripts," and helping us achieve our potential that has always been there. Using the work of Debbie Ford in her compelling film, "The Shadow," she will focus on the mechanisms of our mind which inhibit change and the rewarding possibility of freeing ourselves to possibilities.



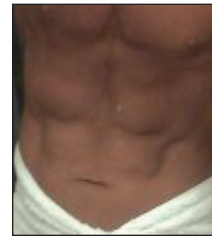
THE SPIRIT



Laura Tyree, owner and director of Dragonfly Yoga studios and facilitator of the the DYS Teacher Training Program, brings her experience of yoga, relaxation and mind-body connection to guide, educate and enlighten you in her presentation with her mission to direct people to the realization that health and wholeness are activated from within; that life and healing come

from within; and ultimately, that the liberation of the self manifests through Grace and Self-acceptance.

THE BODY



Dan Russell, with 30 years experience, will offer his expertise in how you might maximize your potential in fitness. As a Certified Fitness Nutritionist and Certified Personal Trainer, Dan comes with a wealth of knowledge on what blocs and what succeeds in achieving personal goals of fitness.

GOAL

The goal of the workshop is to educate on matters of the mind and its development, matters of spiritual healing and spiritual impediments and the habits which serve to promote health and fitness in our bodies.

A special thanks to Denise Mullins, Life Coach, for her work with Debbie Ford and the Shadow Effect.

REGISTRATION (See reverse side for registration form.)

EARLY BIRD REGISTRATION

\$80.00

REGISTRATION AFTER JANUARY 12, 2010

\$90.00

CEU REGISTRATION

\$105.00 (\$80.00 plus \$25.00 CEU) - Before January 12, 2010

\$115.00 (\$90.00 plus \$25.00 CEU) - After January 12, 2010

All of the above fees include lunch.