

Parent Coordinator Questionnaire

Name _____

Address _____

Home Telephone _____ Work Telephone _____

Cell Phone _____ Best Number to Reach You _____

E-Mail Address _____

Best time & place to contact you? _____

Divorce Information

Is this a _____PRE or _____POST Divorce Consultation?

If Post, date of divorce: _____

If Pre, what is the anticipated time before the divorce is final: _____

What year did you get married? _____

What year did you separate? _____

What year did you get divorced? _____

NAME OF JUDGE: _____

NAME OF ATTORNEY: _____

Telephone number of Attorney: _____

Address of Attorney: _____

Name & age of child(ren), including date of birth:
(List in chronological order with oldest child first)

Name: _____ Age: _____ DOB: _____

SECTION I: THE DIVORCE - AND BEYOND

(PLEASE NOTE: Use extra sheets of paper if necessary)

A. Who initiated the divorce/separation: ___ husband? ___ wife? ___ mutual decision?
Please explain below:

B. On the following continua please note your pre/post-divorce relationship with your ex at each point in time:

	Extremely Hostile	Hostile Angry	Moderately Cold	Civil But Friendly	Very Friendly
During the First Year	_____	_____	_____	_____	_____
During the Second Year	_____	_____	_____	_____	_____
Between Two And Four Years	_____	_____	_____	_____	_____
After Five Years	_____	_____	_____	_____	_____

C. To what do you attribute the change in your relationship over the years? Check all apply and explain below:

- | | |
|---|--|
| ___ the passage of time | ___ education regarding the effects of divorce |
| ___ the need to co-parent | ___ change in my financial status |
| ___ the children getting older | ___ change in my ex's financial status |
| ___ child(ren) leaving home | ___ change in the children's life |
| ___ a particular incident or crisis | ___ change in my ex's circumstances/attitude |
| ___ realizing my ex was "good with and for the children | ___ started job/launched a career |
| ___ personal growth | ___ different job/career |
| ___ individual therapy | ___ involvement in outside activity (e.g., sports, volunteer work) |
| ___ family therapy | ___ making new friends |
| ___ influence of clergy | ___ membership in a support group |
| ___ pressure from my own parents | ___ influence of other post-divorced couples |
| ___ a new love interest | ___ my remarriage |
| ___ my ex's remarriage | ___ other _____ |
| | _____ |

Explain the above selections and make any additional comments here.

SECTION II: CUSTODY AND PARENTING TIME

A. What is or what would you prefer to be your legal custody arrangement?

_____ joint _____ sole custody mother _____ sole custody father

B. How does that work out in actual parenting time? Describe "visitation" or living arrangements below: _____

C. How have the schedule and living arrangements changed as the children grow older? Was it because *their* needs, or *your spouse's* needs changed? Please explain:

D. What issues, events, or situations cause(d) problems when you and your ex share parenting responsibilities?

- | | |
|---|--|
| <input type="checkbox"/> who pays for what | <input type="checkbox"/> putting children's needs first |
| <input type="checkbox"/> pickup/drop-off time | <input type="checkbox"/> making decisions about school |
| <input type="checkbox"/> different standards
(e.g. cleanliness, dress) | <input type="checkbox"/> buying necessities for kids |
| <input type="checkbox"/> discipline | <input type="checkbox"/> buying gifts for kids |
| <input type="checkbox"/> curfew | <input type="checkbox"/> stepparent or live-in |
| <input type="checkbox"/> school performance | <input type="checkbox"/> wanting more flexibility |
| <input type="checkbox"/> last minute changes in schedule | <input type="checkbox"/> wanting more structure |
| <input type="checkbox"/> relationships with in-laws
(grandparents) | <input type="checkbox"/> attendance at school functions
(conferences, plays, games) |
| <input type="checkbox"/> your ex's personal habits
(e.g., drinking, cursing) | <input type="checkbox"/> activities in which your ex involves the children |
| <input type="checkbox"/> religious difference | <input type="checkbox"/> crisis management (e.g., the child has a problem) |
| <input type="checkbox"/> different ideas about health | <input type="checkbox"/> division of parenting time |
| <input type="checkbox"/> things that bothered you when you
were married | <input type="checkbox"/> your ex's dating habits |
| <input type="checkbox"/> which is primary residence | |

Please explain the above selections in greater detail. Mention whether the difficulty still exists and include any problem areas not cited above.

SECTION III: WORKING AS A CO-PARENT WITH YOUR EX

For each of the following statements: (1) Rate yourself by indicating frequency of occurrence: "never," "rarely," etc. (2) On the lines provided, explain or make more detailed comments about your rating. (3) Describe how your situation has changed over time since you were first separated or divorced. Use an additional piece of paper, if necessary, to add whatever thoughts come to mind as you're completing Section III. (Remember to label you comments "III-A," "III-B," etc.)

Never Rarely Sometimes Usually Always Almost Always

A. Even when my ex and I disagree on a personal level I am able to put aside our differences to deal with the children.

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

B. Although my physical and mental health are vital parts of my ability to be a parent, my children's needs come first.

Explain: _____

C. I respect my ex as a parent.

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

D. When it comes to "milestone" events, like birthdays and graduations, my ex and I can attend a joint celebration.

Explain: _____

E. We can plan a joint celebration.

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

F. If I don't agree with my ex's standards or approach to child rearing, I can accept that we're different.

Explain: _____

G. I communicate with my ex about what happens when our child(ren) is with me.

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

H. I am able to step out of "traditional" gender roles when necessary (e.g. a mother fixes a bike a father cooks dinner).

Explain: _____

I. I restrain myself from talking badly about my ex in front of the children.

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

J. If I have something to communicate to my ex even if it's about the children, I don't ask them to convey the message. _____

Explain: _____

K. I respect the power of change in our family life, and I try to anticipate the effect of the big changes (remarriage) or transitions (going to a new school). _____

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

L. No matter what I think of my ex, I know it's important that he/she is in my child (ren)'s life. _____

Explain: _____

M. I believe that as long as we're both still alive, my ex and I will always be "kin"-connected through our children. _____

Explain: _____

Never Rarely Sometimes Usually Always Almost Always

N. I think it's important for the children to maintain contact with their grandparents no matter what I think of them or of my ex. _____

Explain: _____

THIS QUESTIONNAIRE WILL BE USED AS A GUIDELINE FOR ORGANIZING THE WORK WITH YOUR PARENTING COORDINATOR